



## SONORAN WELLNESS CENTER CASE HISTORY

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Case Number: \_\_\_\_\_

### Patient Information

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (Cell) \_\_\_\_\_

\_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

E-mail: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Person to contact in case of emergency \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Last MD/Health Care check up: \_\_\_\_\_

Provider and phone number: \_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

Over the Counter Drugs: \_\_\_\_\_

\_\_\_\_\_

Nutritional Supplements / Vitamins: \_\_\_\_\_

How did you find out about Sonoran Wellness Center?

Advertisement    Live Nearby    Referral (who?)    Other (please list)

\_\_\_\_\_

PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT YOUR PERSONAL HISTORY:

### Symptoms

Do you currently have any symptoms?  Yes  No \_\_\_\_\_

\_\_\_\_\_

If yes when did this begin? \_\_\_\_\_

Do you feel that the symptoms are getting progressively worse?  Yes  No  Same

Are these symptoms constant or does it come and go? \_\_\_\_\_

Is there a time when it is better or worse? \_\_\_\_\_

Does it interfere with:  Sleep  Work  Play  Daily Routine  Quality of Life

Is it painful to:  Sit  Stand  Walk  Bend over  Other \_\_\_\_\_

Have you seen any other health care professional for the above pain or symptom?

Yes  No \_\_\_\_\_

If yes whom? \_\_\_\_\_

Result \_\_\_\_\_

### Chiropractic

Have you ever received chiropractic spinal adjustments by a Doctor of Chiropractic?

Yes  No: If yes, when was your last visit? \_\_\_\_\_

How long were you receiving chiropractic adjustments? \_\_\_\_\_

What was your frequency or visits? \_\_\_\_\_

If you stopped care, why did you stop? \_\_\_\_\_

Were you pleased with the chiropractic care that you received?  Yes  No

Does your immediate family receive chiropractic care?  Yes  No

### X-RAY - FEMALE ONLY - PREGNANCY RELEASE

I certify to the best of my knowledge that I **AM NOT** pregnant, and authorize appropriate diagnostic x-rays. I recognize that if I am pregnant radiation exposure to my abdomen may possibly injure the fetus. I understand that the likelihood of such injury is slight.

\_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Signature (parent or guardian if minor)

Is it possible you are pregnant?  Yes  No Use of IUD Device?  Yes  No

First day of last menstrual period: \_\_\_\_/\_\_\_\_/\_\_\_\_

Have you had a hysterectomy or tubal ligation?  Yes  No Date: \_\_\_\_/\_\_\_\_/\_\_\_\_